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Austin's Feline
Exclusive
Veterinary Hospital

Quality of Life Assessment

Making end of life decisions is one of the hardest decisions you may ever have as a pet owner. The team at Cat Hospital of Austin is here to help in any way we can during this difficult time. This chart is designed to help you to assess your pet's current pain level and quality of life. It is often helpful to keep a calendar of your pet's good days and bad days. Also, it may help to create a list of three to five things that are your pet's favorite activities and asses if your pet is still able to enjoy these things. Lower scores on this chart can indicate your pet may be experiencing a poor quality of life. This chart can help your veterinarian discuss with you if there are additional palliative care options available to your pet, and how to know when it's time. Additional resources are available at www.pet-loss.net

My Pet...	Strongly Agree All the Time Severe	Agree Most of the Time Significant	Neutral Sometimes Mild	Disagree Occasionally Slight	Strongly Disagree Never None
Does not want to play	1	2	3	4	5
Does not respond to my presence or interact with me like they did before	1	2	3	4	5
Does not enjoy the same activities as before	1	2	3	4	5
Is hiding	1	2	3	4	5
Has different behaviors than before	1	2	3	4	5
Does not seem to enjoy life	1	2	3	4	5
Has more bad days than good days	1	2	3	4	5
Is sleeping more than usual	1	2	3	4	5
Seems dull and depressed	1	2	3	4	5
Seems to be in pain	1	2	3	4	5
Is vomiting and/or seems nauseous	1	2	3	4	5
Is not eating or drinking well	1	2	3	4	5
Is losing weight	1	2	3	4	5
Is having diarrhea	1	2	3	4	5
Is not urinating normally	1	2	3	4	5
Is not as active as normal	1	2	3	4	5
Does not move around as needed/needs my help to move around	1	2	3	4	5
Is unable to keep themselves clean/soils themselves	1	2	3	4	5
Has a coat that is greasy and/or matted	1	2	3	4	5
Is not improving even though they are taking medication	1	2	3	4	5
How is my pet's overall health compared to the initial onset of symptoms or diagnosis?	1 Worse	2	3 Same	4	5 Better
Current Quality of Life (Place 'X' along the line that best fits your pet's current quality of life)					

Adapted from the Ohio State University Document on Assessing Quality of Life